

University of Wisconsin – Stevens Point - Athletic Training Education Program
School of Physical Education and Athletic Training
Athletic Training Practicum Courses

Course Title: AT 301 – Practicum III	Term: Fall 2016
Instructor: Holly Schmies	Phone: 715-346-2922
Time: TH 11-11:50	Classroom: HEC 147

Required Textbook(s): *Evaluation of Orthopedic and Athletic Injuries* by Starkey (purchase)
Muscles: Testing and Function by Kendall (4th edition) (rental)

Overall Course Objective:

- To fully assess skill aptitude on all clinical proficiencies instructed in this practicum and concurrent course AT 380.
- Specifically, students will be able to:
 - Fully assess skill aptitude on all clinical proficiencies instructed in this practicum and concurrent course.
 - Demonstrate the ability to perform a complete injury evaluation of the upper extremity.
 - Demonstrate the ability to use critical thinking skills to determine the correct assessment of an injury.
 - Perform common techniques and procedures used in evaluating injuries to the physically active including range of motion, strength, neurological signs, stability and function.

Course description and expectations:

The practicum course has been designed to enrich the AT experience through clinical education and hands-on learning. This practicum will have the following components:

- Clinical rotations with an assigned Clinical Preceptor (CP). Students must complete 168-210 hours/semester (12-15 hours/wk) of clinical time under supervision of your CP.
- Teaching and skill acquisition of clinical proficiencies as assigned by the instructor and designated by ATEP for this practicum course. Students will receive a clinical proficiency packet to be completed during this course.
- Practical examinations – There will be a total of 4 practical examinations during this course to evaluate skill competency. The practical examinations will cover: (1) cervical spine, head and face; (2) Shoulder; (3) Elbow, Wrist and Hand; (4) Abdomen and comprehensive final practical. Students must attain at least an 80% on the practical examination in order to ‘pass’ the practical. If they do not attain an 80%, students will have to repeat the practical and achieve better than an 80%, but the initial score will be recorded as part of the final grade for the course.
- Learning over time experiences (LOT): There is one comprehensive LOT for this course for lower evaluation skills and assessment. The additional LOT will be complete on the first day of class with equipment removal techniques and spine boarding.
- Practical skill acquisition: Students will be provided with evaluation skill ‘check-off’ packets. You are required to complete these as you are learning the skills. You can review with peers, upper classmen, teaching assistants, or your CP. The sheets must be completed prior to your practical examination and be shown to the instructor prior to the practical.

Purpose of the course: The weekly meeting time will be used to discuss, practice and demonstrate assigned clinical proficiencies for this practicum course. During the clinical rotations, students shall perform athletic training skills relative to their experience and competence under the supervision of a CP. The clinical hours are also time for students to learn new skills and learn under the guidance of their CP and other athletic trainers. Students are expected to complete the minimum number of hours associated with this practicum by the end of the semester.

CLASS POLICIES:

- Daily class attendance and **active participation** in class are required.
 - A student’s grade will be dropped a ½ of letter grade for every two unexcused absences accumulated.
 - Tardiness is considered an unexcused absence.
 - Students are solely responsible for obtaining any course material missed due to absence.
- Students shall come to class on time, in appropriate lab attire and prepared to engage in meaningful course work and hands-on practice. Students must also bring their goniometer to class. Reading and written assignments are to be completed prior to the beginning of each class.
- Students will be expected to complete all assignments on time based on the syllabus and due dates given by the instructor. Assignments turned in late will be dropped one letter grade per day. Students should expect additional assignments throughout the semester to facilitate learning.
- Students must complete the clinical hours associated with this practicum. Students must adhere to the standards of professional practice outlined in the UWSP ATEP Student Handbook.
- Students are expected to adhere to UWSP’s statement of academic principles. Students are responsible for the honest completion and representation of their work, for the appropriate citation of sources, and for respect of others' academic endeavors. Students who violate these standards will be confronted and must accept the consequences of their actions.

ASSESSMENT AND GRADING PROCEDURES:

The following components of the course will count towards a percentage of your grade:

Evaluation of Clinical Performance ¹ :	30%
Practical examinations, quizzes, assignments, and proficiencies ² :	70%

¹(See Evaluation of Clinical Performance)

²(See Evaluation of Clinical Proficiency)

STUDENT ASSESSMENT:

Evaluation of Clinical Performance (30% of grade): Students performance in the clinical setting will be formally assessed by their CP every 8 weeks (mid-term and final evaluation). Students also will have a 4-week informal evaluation to help with progress and give appropriate feedback on clinical skills and professional behavior. Students will meet with the CP to discuss the 8-week evaluations.

Students must achieve an average score of >3.0/5.0 on their performance to stay in good academic standing for the ATEP. If the average score is below a 3.0 average, the student will meet with the clinical coordinator and program director. This can result in academic probation for the following semester.

- Scale:**
- 5(Excellent) – performs duties/skills extremely well, very professional
 - 4(Above avg) – performs duties/skills better than average in a professional manner
 - 3(Avg) – performs duties/skills as well as expected at this level, minimum ACI intervention
 - 2(Below avg) – performs duties/skills at unsatisfactory level, constant intervention from CP
 - 1(Deficient) – needs remedial aid in this area prior to advancing clinical education
 - N(Not applicable) – CP did not observe this duty/skill, or ATS has not acquired skill yet

The points earned from the CP evaluation will be tallied and then averaged. This average will then be turned into a percentage grade. The format used for this will be:

5 = 100%	4 = 90%	3 = 80%	2 = 70%	1 = 60%
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For example, if the student receives a 3.8 average score on the evaluation, it will translate into an 88%. According to the letter grades, this would be B+ work. To receive an "A" for clinical performance, students will consistently have to perform above average (4) and attain some excellent (5) ratings to reflect this type of performance.

Clinical hours: Students are to complete 168-210 hours/semester (12-15 hours/wk) of clinical time under supervision of your CP. The grade you receive for your clinical hours is built in to the Evaluation of Clinical Performance which is completed by your CP (see above). This evaluation includes professional traits like communication and responsibility as well as how well you performed clinically with previously learned skills. In addition, the CP will assess your willingness to learn and work diligently at attaining new skills being developed during this practicum.

30% of the grade for this practicum course will be determined by your performance during clinical hours and the requirement to attain a minimum number of clinical hours. **IF** a student fails to complete the minimum number of hours assigned, the overall grade earned for the course will be dropped by one full letter grade.

Clinical skill proficiency (70% of grade): During this course, clinical skills will be evaluation utilizing proficiency packets, practical examinations. To maintain consistency in assessment, each evaluation method will utilize the same 1-5 assessment scale as described below.

Clinical Performance Evaluation:

- 5 = Performance exceeds expectations at this level. Displayed independence and confidence in decision-making and problem solving. All hands-on skills were completed confidently and accurately. Professional communication (including verbal, written and listening skills) and effective patient education if applicable. Required absolutely no intervention of clinical instructor.
- 4 = Performance is above average at this level. Displayed independence and mostly confident in decision-making and problem solving. All hands-on skills were completed accurately and displayed confidence in skills; only lacking in 1-2 skills or areas. Professional communication (including verbal, written and listening skills); patient education was effective if applicable. Required only verbal prompting by clinical instructor resulting in correct answer/skills.
- 3 = Performance is average at this level. Student performed hands-on skills accurately, but lacked overall confidence; lacking in 3 or more skills or areas. Problem-solving and decision-making required verbal guidance of clinical instructor and/or minimal hands-on intervention necessary to perfect clinical skills. Communication skills (including verbal, written and listening skills) are professional but lack of confidence was evidence in 3 or more areas (i.e. eye contact, unsure of information); patient education lacked overall effectiveness due to lack of confidence or omission of 1-2 details.
- 2 = Shortcomings in performance at this level. More than ¼ of hands-on skills were not accurate resulting in an incorrect assessment or outcome. Student lacked confidence in skills that were performed correctly. Both verbal and hands-on guidance were necessary for decision-making or problem-solving. Communication skills were not effective during intervention due to omission of 3 or more details and/or lacked overall confidence (i.e. student did not talk to patient, did not explain intervention, no eye contact, no confidence). Maximum intervention and guidance needed for student to initiate problem-solving skills.
- 1 = Clinical skills are inadequate even with hands-on intervention and verbal guidance from the clinical instructor. More than ½ of hands-on skills were not accurate and lack of confidence displayed overall. Student does not have the clinical skills or knowledge for independent problem-solving.

Proficiency Packets: Students must demonstrate competency on all assigned clinical proficiencies as determined by a CP. Students **must** be prepared at the time they ask to be evaluated by a CP. If the CP feels the student is not proficient in the skill, the student will be graded accordingly and asked to repeat the skills at a later time. Students must receive a 3 or higher on the 5 scale to be considered proficient. Any skills that are graded below a 3 must be repeated for an CP until skill acquisition is displayed. **Students must complete all skills and assignments within the packet in order to receive a passing grade in this course. Students will not be given partial grades for an incomplete packet.** The proficiency packet must be submitted to the course instructor at the end of the course. They will be returned to the student after a Completion of Proficiency Skill document has been completed.

Practical Examinations: Students will be tested on skill competency through practical examinations with the instructor. Each practical examination will be worth a certain amount of points. The points and criteria will be shared with the students prior to the examination. Assessment criteria will be consistent with the criteria used to evaluate proficiencies. If students are receiving 3 (average) ratings on their proficiency packets, they can expect to only get a 3 on the practical examination. This score will only guarantee an 80% on a practical score. **IF** students do not attain an 80% or higher on a practical examination, it must be repeated to ensure proficiency in skill acquisition for this course. However, the initial score will be recorded as part of the final grade.

5 = 100%	4 = 90%	3 = 80%	2 = 70%	1 = 60%
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For example, if the student receives a 3.8 average score on the practical examination, it will translate into an 88%. According to the letter grades, this would be B+ work. To receive an “A” for clinical performance, students will consistently have to perform above average (4) and attain some excellent (5) ratings to reflect this type of performance.

GRADING SCALE:

Final grades will be awarded as follows:

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|-------------------|-------------------|------------------------|
| A: 94-100% | C: 73-76% | D: 60-64% |
| A-: 90-93% | C-: 70-72% | F: 59% or below |
| B+: 87-89% | D+: 65-69% | |

Date	Topic and Assignments
9/8	Head and Face – Concussion Review
9/15	Head and Face
9/22	Cervical Spine
9/29	Cervical Spine
10/6	Shoulder
10/13	Shoulder
10/20	Shoulder
10/27	Shoulder
11/03	Elbow
11/10	Elbow
11/17	Elbow and Forearm
11/24	Happy Thanksgiving!
12/01	Wrist and Hand
12/8	Thorax and Abdomen
12/15	Thorax and Abdomen
Finals	Practical Exam 2